

# Wicketkeeping Team Communication Guide - Perform Under Pressure

Wicketkeeping | Perform Under Pressure | Asset ID CRIC-16-09-06

**Purpose:** This original printable team communication guide helps players, coaches, clubs, schools and families work with wicketkeeping while pursuing one defined outcome: preserve routine when score, time or consequence changes. Its method is to agree words, practise under pressure and reset without blame. Use the pages as a working record, not as a substitute for current competition rules, safe facilities, suitable equipment and qualified coaching or health guidance where those are needed.

## Resource Map

The subject focus is to combine safe stance, clean gathering and footwork for differing lines and lengths. The six working areas below define the scope for this specific resource. Complete only the rows that matter to the present practice block, and date any observation that may change.

| # | Working area     | Current evidence                | Next check |
|---|------------------|---------------------------------|------------|
| 1 | Starting Depth   | Known / estimated / not checked | _____      |
| 2 | Ready Position   | Known / estimated / not checked | _____      |
| 3 | Head And Hands   | Known / estimated / not checked | _____      |
| 4 | Lateral Movement | Known / estimated / not checked | _____      |
| 5 | Take Quality     | Known / estimated / not checked | _____      |
| 6 | Return Throw     | Known / estimated / not checked | _____      |

## Robustness Starting Brief

- Anchor: Which evidence separates lateral movement from take quality in this case? Anchor the test with a clear baseline and intended use.
- Vary: How does return throw change the interpretation of starting depth? Vary one meaningful condition or perspective.
- Observe: What boundary on ready position must be checked before relying on head and hands? Observe what changes and what remains stable.
- Protect: Which observation links take quality to ready position, and what remains uncertain? Protect the essential boundary while testing alternatives.
- Evaluate: What alternative explanation could account for both starting depth and lateral movement? Evaluate whether the method still serves its purpose.
- Edition success means: complete the scenario without abandoning the agreed process

## Team Communication Guide

This format is designed to make calls, roles and review language brief and respectful. For wicketkeeping, apply the method in a deliberate sequence: agree words, practise under pressure and reset without blame. The edition target is perform under pressure, so each entry should show what was noticed, what was tried and what changed.

| Working step            | What to record                                                                           | Evidence or source         | Status         |
|-------------------------|------------------------------------------------------------------------------------------|----------------------------|----------------|
| Anchor Lateral Movement | Which evidence separates lateral movement from take quality in this case?                | Anchor case / date         | Open / checked |
| Vary Take Quality       | How does return throw change the interpretation of starting depth?                       | Challenge condition / date | Open / checked |
| Observe Return Throw    | What boundary on ready position must be checked before relying on head and hands?        | Response / date            | Open / checked |
| Protect Starting Depth  | Which observation links take quality to ready position, and what remains uncertain?      | Invariant / date           | Open / checked |
| Evaluate Ready Position | What alternative explanation could account for both starting depth and lateral movement? | Fitness review / date      | Open / checked |
| Adapt Head And Hands    | What next check on head and hands would make the record about return throw more useful?  | Robustness decision / date | Open / checked |

### Completion Standard

- Keep the work tied to wicketkeeping, not to a vague general intention.
- Apply this adjustment: add one pressure condition only after a stable baseline
- What remains dependable when one meaningful condition changes?
- Expose this outcome risk if it appears: fitness is judged by preference.
- Use original notes and explanations; quote only when necessary, lawful and properly attributed.
- Ask a qualified coach, safeguarding lead or health professional to challenge one material assumption where appropriate.
- Close with one decision and one follow-up rather than an unranked list of ideas.

### Working Note

Edition CRIC-16-09-06 pairs team communication guide with the outcome 'Perform Under Pressure'. That pairing is the boundary for this workbook: material that does not help that outcome belongs in a separate record.

## Facilitation and Handover x Robustness Focused Practice Lab

This lab pairs a facilitation and handover method with a robustness outcome lens. Work through the six actions to turn the subject focus - combine safe stance, clean gathering and footwork for differing lines and lengths - into evidence for perform under pressure. Preserve any gap that prevents a supported conclusion.

| # | Action                               | Constraint                                                                                                                                     | Record                         |
|---|--------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------|
| 1 | Brief / Anchor starting depth        | Which evidence separates lateral movement from take quality in this case? Anchor the test with a clear baseline and intended use.              | Brief / Anchor case            |
| 2 | Assign / Vary ready position         | How does return throw change the interpretation of starting depth? Vary one meaningful condition or perspective.                               | Roles / Challenge condition    |
| 3 | Demonstrate / Observe head and hands | What boundary on ready position must be checked before relying on head and hands? Observe what changes and what remains stable.                | Demonstration / Response       |
| 4 | Monitor / Protect lateral movement   | Which observation links take quality to ready position, and what remains uncertain? Protect the essential boundary while testing alternatives. | Observation / Invariant        |
| 5 | Resolve / Evaluate take quality      | What alternative explanation could account for both starting depth and lateral movement? Evaluate whether the method still serves its purpose. | Resolution / Fitness review    |
| 6 | Handover / Adapt return throw        | What next check on head and hands would make the record about return throw more useful? Adapt the plan without overstating the result.         | Handover / Robustness decision |

### Common Failure Modes

- For starting depth, watch for the purpose is misunderstood together with the baseline is weak.
- For ready position, watch for a role has no owner together with too many conditions vary.
- For head and hands, watch for the demonstration skips a critical step together with the response is selectively recorded.
- For lateral movement, watch for a stop condition is missed together with an essential boundary is sacrificed.
- For take quality, watch for an exception has no route together with fitness is judged by preference.

### Independent Review Question

Format question: Can the receiving person explain and perform the critical routine without hidden assumptions? Outcome question: What remains dependable when one meaningful condition changes? Ask a qualified coach, safeguarding lead or health professional where appropriate, then answer before the next practice block: \_\_\_\_\_

## Cricket Practice Plan for Perform Under Pressure

Use one defined practice block to test the outcome rather than attempting every possible task. This edition pairs facilitation and handover with robustness to pursue this objective: preserve routine when score, time or consequence changes. Preserve the starting condition and both evidence trails.

| Plan field               | Entry                                                   |
|--------------------------|---------------------------------------------------------|
| Purpose                  | Perform Under Pressure                                  |
| Starting condition       | _____                                                   |
| Chosen working area      | _____                                                   |
| Invariant                | add one pressure condition only after a stable baseline |
| Evidence to capture      | _____                                                   |
| Stop or review condition | _____                                                   |

### Thirty Minute Practice Shape

| Stage     | Action                                                                                                                     | Evidence                       |
|-----------|----------------------------------------------------------------------------------------------------------------------------|--------------------------------|
| 0-5 min   | Which evidence separates lateral movement from take quality in this case? Brief the purpose, limits and stop conditions.   | Brief / Anchor case            |
| 5-10 min  | How does return throw change the interpretation of starting depth? Assign roles and communication routes.                  | Roles / Challenge condition    |
| 10-18 min | What boundary on ready position must be checked before relying on head and hands? Demonstrate the critical routine.        | Demonstration / Response       |
| 18-24 min | Which observation links take quality to ready position, and what remains uncertain? Observe one supervised cycle.          | Observation / Invariant        |
| 24-27 min | What alternative explanation could account for both starting depth and lateral movement? Resolve questions and exceptions. | Resolution / Fitness review    |
| 27-30 min | What next check on head and hands would make the record about return throw more useful? Confirm ownership and follow-up.   | Handover / Robustness decision |

### Handover Checkpoint Log

| Handover Checkpoint | Condition      | Observation | Decision              |
|---------------------|----------------|-------------|-----------------------|
| 1                   | Same / changed | _____       | Keep / change / check |
| 2                   | Same / changed | _____       | Keep / change / check |
| 3                   | Same / changed | _____       | Keep / change / check |
| 4                   | Same / changed | _____       | Keep / change / check |
| 5                   | Same / changed | _____       | Keep / change / check |

## Handover Readiness Review - Robustness Lens

This comparison tests wicketkeeping against perform under pressure through two independent questions. Format: Can the receiving person explain and perform the critical routine without hidden assumptions? Outcome: What remains dependable when one meaningful condition changes? Record material setting differences instead of averaging them away.

| Evidence area    | Baseline | Alternative | Interpretation prompt                                                                    |
|------------------|----------|-------------|------------------------------------------------------------------------------------------|
| Lateral Movement | _____    | _____       | Which evidence separates lateral movement from take quality in this case?                |
| Take Quality     | _____    | _____       | How does return throw change the interpretation of starting depth?                       |
| Return Throw     | _____    | _____       | What boundary on ready position must be checked before relying on head and hands?        |
| Starting Depth   | _____    | _____       | Which observation links take quality to ready position, and what remains uncertain?      |
| Ready Position   | _____    | _____       | What alternative explanation could account for both starting depth and lateral movement? |
| Head And Hands   | _____    | _____       | What next check on head and hands would make the record about return throw more useful?  |

### Format Decision Test

| Field                          | Record                                                                                        |
|--------------------------------|-----------------------------------------------------------------------------------------------|
| Review question                | Can the receiving person explain and perform the critical routine without hidden assumptions? |
| Outcome question               | What remains dependable when one meaningful condition changes?                                |
| Acceptance lens                | complete the scenario without abandoning the agreed process                                   |
| Conditions held steady         | _____                                                                                         |
| Evidence supporting the choice | _____                                                                                         |
| Evidence against the choice    | _____                                                                                         |

### Facilitation and Handover Confidence Check

- Anchor case: what was actually seen, heard, measured or read?
- Format evidence: which record best demonstrates people briefed?
- Outcome evidence: which record best demonstrates fitness tests completed?
- Challenge: could an essential boundary is sacrificed explain the result?
- Subject boundary: what does this comparison leave unresolved about lateral movement?

## Facilitation and Handover x Robustness Scenario Cards

Use these paired scenarios to rehearse judgement for perform under pressure. Each card joins a facilitation and handover failure mode to an outcome-specific risk. State what remains open and which evidence named in the final column should be collected next.

| # | Situation                                              | Review question                                                                          | Decision            |
|---|--------------------------------------------------------|------------------------------------------------------------------------------------------|---------------------|
| 1 | Lateral Movement: the purpose is misunderstood.        | Which evidence separates lateral movement from take quality in this case?                | Anchor case         |
| 2 | Take Quality: a role has no owner.                     | How does return throw change the interpretation of starting depth?                       | Challenge condition |
| 3 | Return Throw: the demonstration skips a critical step. | What boundary on ready position must be checked before relying on head and hands?        | Response            |
| 4 | Starting Depth: a stop condition is missed.            | Which observation links take quality to ready position, and what remains uncertain?      | Invariant           |
| 5 | Ready Position: an exception has no route.             | What alternative explanation could account for both starting depth and lateral movement? | Fitness review      |
| 6 | Head And Hands: follow-up ownership is unclear.        | What next check on head and hands would make the record about return throw more useful?  | Robustness decision |

### Decision Record

| Field                  | Notes                                                          |
|------------------------|----------------------------------------------------------------|
| Chosen format scenario | _____                                                          |
| Outcome lens           | What remains dependable when one meaningful condition changes? |
| Evidence available     | _____                                                          |
| Evidence missing       | _____                                                          |
| Controlled next step   | _____                                                          |
| Person / review date   | _____                                                          |

## Eight Facilitation and Handover and Robustness Evidence Tracker

Track perform under pressure across eight practice blocks using the facilitation and handover method and the robustness outcome lens. Keep conditions visible and use this review question: What remains dependable when one meaningful condition changes?

| # | Focus            | Condition | Result | Next action |
|---|------------------|-----------|--------|-------------|
| 1 | Take Quality     | _____     | _____  | _____       |
| 2 | Return Throw     | _____     | _____  | _____       |
| 3 | Starting Depth   | _____     | _____  | _____       |
| 4 | Ready Position   | _____     | _____  | _____       |
| 5 | Head And Hands   | _____     | _____  | _____       |
| 6 | Lateral Movement | _____     | _____  | _____       |
| 7 | Take Quality     | _____     | _____  | _____       |
| 8 | Return Throw     | _____     | _____  | _____       |

### Facilitation and Handover Evidence Dashboard

| Measure                                                     | Baseline | Current | Evidence location |
|-------------------------------------------------------------|----------|---------|-------------------|
| Starting Depth: People Briefed / Anchor Cases Recorded      | _____    | _____   | _____             |
| Ready Position: Roles Accepted / Conditions Varied          | _____    | _____   | _____             |
| Head And Hands: Routines Demonstrated / Responses Observed  | _____    | _____   | _____             |
| Lateral Movement: Cycles Observed / Boundaries Protected    | _____    | _____   | _____             |
| Take Quality: Exceptions Resolved / Fitness Tests Completed | _____    | _____   | _____             |
| Return Throw: Handovers Confirmed / Adaptations Justified   | _____    | _____   | _____             |

### Interpret the Trend

- I changed one meaningful condition while protecting the essential boundary.
- I limited the conclusion to the conditions that were actually tested.
- Keep the method only when the evidence for perform under pressure improves without hiding an essential boundary is sacrificed.
- Which evidence separates lateral movement from take quality in this case?
- Use a qualified coach, safeguarding lead or health professional when the evidence crosses a safety, rights, health or authority boundary.

## Facilitation and Handover x Robustness Next Step Plan

Finish by turning the paired format and outcome record into one owned action. For this team communication guide, the intended result was perform under pressure; the outcome test is: What remains dependable when one meaningful condition changes? The close-out standard remains: complete the scenario without abandoning the agreed process.

| Close-out field      | Record                             |
|----------------------|------------------------------------|
| Most useful evidence | _____                              |
| Important limitation | _____                              |
| Decision             | Keep / adapt / pause / seek review |
| Next action          | _____                              |
| Owner and date       | _____                              |
| Evidence location    | _____                              |

### Completion Review

- Subject check: Which evidence separates lateral movement from take quality in this case?
- Subject check: How does return throw change the interpretation of starting depth?
- Format check: I confirmed understanding through demonstration or teach-back.
- Outcome check: I changed one meaningful condition while protecting the essential boundary.
- I used a progressive warm-up and did not ignore pain, unsafe surfaces, heat or fatigue.
- I kept the drill generic and did not imply affiliation with a player, team, league or governing body.

### Originality and Responsible Use

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